

Subject - KS3

Subject - PE and DANCE

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------|---|--|--|---|--|--|-------------|---|-------|------|-----------|-------------|---------|-------|--|-------|------|-------|-----------|--------------|-----------|--|-------|------|--------------|-----------|-------|-----------|---|-------|------|-----------|--------------|----------|-----------|---|-------|------|----------|--------------|-----------|-----------|
| Year 7 | <table border="1"> <tr> <td>Girls</td> <td>Boys</td> </tr> <tr> <td>Netball</td> <td>Dance</td> </tr> <tr> <td>Foot ball</td> <td>Basket ball</td> </tr> </table> | Girls | Boys | Netball | Dance | Foot ball | Basket ball | <table border="1"> <tr> <td>Girls</td> <td>Boys</td> </tr> <tr> <td>Foot ball</td> <td>Basket ball</td> </tr> <tr> <td>Netball</td> <td>Dance</td> </tr> </table> | Girls | Boys | Foot ball | Basket ball | Netball | Dance | <table border="1"> <tr> <td>Girls</td> <td>Boys</td> </tr> <tr> <td>Dance</td> <td>Tag Rugby</td> </tr> <tr> <td>Table Tennis</td> <td>Badminton</td> </tr> </table> | Girls | Boys | Dance | Tag Rugby | Table Tennis | Badminton | <table border="1"> <tr> <td>Girls</td> <td>Boys</td> </tr> <tr> <td>Table Tennis</td> <td>Badminton</td> </tr> <tr> <td>Dance</td> <td>Tag rugby</td> </tr> </table> | Girls | Boys | Table Tennis | Badminton | Dance | Tag rugby | <table border="1"> <tr> <td>Girls</td> <td>Boys</td> </tr> <tr> <td>Athletics</td> <td>Kwik Cricket</td> </tr> <tr> <td>Rounders</td> <td>Athletics</td> </tr> </table> | Girls | Boys | Athletics | Kwik Cricket | Rounders | Athletics | <table border="1"> <tr> <td>Girls</td> <td>Boys</td> </tr> <tr> <td>Rounders</td> <td>Kwik Cricket</td> </tr> <tr> <td>Athletics</td> <td>Athletics</td> </tr> </table> | Girls | Boys | Rounders | Kwik Cricket | Athletics | Athletics |
| | Girls | Boys | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Netball | Dance | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Foot ball | Basket ball | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Girls | Boys | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| Netball | Dance | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Girls | Boys | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dance | Tag Rugby | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Table Tennis | Badminton | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Girls | Boys | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Table Tennis | Badminton | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dance | Tag rugby | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Girls | Boys | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Athletics | Kwik Cricket | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Rounders | Athletics | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Girls | Boys | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Rounders | Kwik Cricket | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Athletics | Athletics | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | <p><u>Girls Autumn 1 and 2</u></p> <p>NETBALL Teamwork, co-operation, resilience, leadership Invasion game – links with other KS3 sports such as football, rugby and basketball.</p> <p>FOOTBALL Teamwork, co-operation, resilience, leadership Invasion game – links with other KS3 sports such as netball, rugby and</p> | <p><u>Boys Autumn 1 and 2</u></p> <p>BASKETBALL Teamwork, co-operation, resilience, leadership Invasion game – links with other KS3 sports such as netball, rugby and basketball Popular in the school community.</p> <p>DANCE Working collaboratively, confidence to perform Creativity - alternative to games-based</p> | <p><u>Girls Spring 1 and 2</u></p> <p>DANCE Working collaboratively, confidence to perform Creativity - alternative to games-based activities for students.</p> <p>TABLE TENNIS Sport for all, student enjoyment Lifelong sport – health and fitness benefits – links to other KS3 sports such as tennis and badminton.</p> | <p><u>Boys Spring 1 and 2</u></p> <p>BADMINTON Sport for all, student enjoyment Lifelong sport – health and fitness benefits Racquet activity – links to other KS3 sports such as tennis and table tennis.</p> <p>TAG RUGBY Discipline, positive behaviour, respect Teamwork, co-operation, resilience, leadership Invasion game – links with other KS3 sports</p> | <p><u>Girls Summer 1 and 2</u></p> <p>ATHLETICS Multi-disciplined and accessible to all students of all body types Health and fitness development, testing character, personal development Key techniques underlie all sporting activities.</p> <p>ROUNDERS Sport for all, student enjoyment Lifelong sport, roles for all – inclusivity Striking and fielding activity</p> | <p><u>Boys Summer 1 and 2</u></p> <p>KWIK CRICKET Sport for all, student enjoyment Lifelong sport, roles for all – inclusivity Striking and fielding activity – links to other KS3 sports such as rounders.</p> <p>ATHLETICS Multi-disciplined and accessible to all students of all body types Health and fitness development, testing character, personal development Key</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

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| | basketball Popular in the school community. | activities for students. | | such as football and basketball. | – links to other KS3 sports such as rounders. | techniques underlie all sporting activities. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Year 8 | <p>Autumn 1</p> <table border="1"> <tr> <td>Girls</td> <td>Boys</td> </tr> <tr> <td>Badminton</td> <td>Dance</td> </tr> <tr> <td>Netball</td> <td>Table Tennis</td> </tr> </table> | Girls | Boys | Badminton | Dance | Netball | Table Tennis | <p>Autumn 2</p> <table border="1"> <tr> <td>Girls</td> <td>Boys</td> </tr> <tr> <td>Netball</td> <td>Table Tennis</td> </tr> <tr> <td>Badminton</td> <td>Dance</td> </tr> </table> | Girls | Boys | Netball | Table Tennis | Badminton | Dance | <p>Spring 1</p> <table border="1"> <tr> <td>Girls</td> <td>Boys</td> </tr> <tr> <td>Dance</td> <td>Trampoline</td> </tr> <tr> <td>Table Tennis</td> <td>Football</td> </tr> </table> | Girls | Boys | Dance | Trampoline | Table Tennis | Football | <p>Spring 2</p> <table border="1"> <tr> <td>Girls</td> <td>Boys</td> </tr> <tr> <td>Table Tennis</td> <td>Football</td> </tr> <tr> <td>Dance</td> <td>Trampoline</td> </tr> </table> | Girls | Boys | Table Tennis | Football | Dance | Trampoline | <p>Summer 1</p> <table border="1"> <tr> <td>Girls</td> <td>Boys</td> </tr> <tr> <td>Rounders</td> <td>Athletics</td> </tr> <tr> <td>Athletics</td> <td>Kwik Cricket</td> </tr> </table> | Girls | Boys | Rounders | Athletics | Athletics | Kwik Cricket | <p>Summer 2</p> <table border="1"> <tr> <td>Girls</td> <td>Boys</td> </tr> <tr> <td>Athletics</td> <td>Athletics</td> </tr> <tr> <td>Rounders</td> <td>Kwik Cricket</td> </tr> </table> | Girls | Boys | Athletics | Athletics | Rounders | Kwik Cricket |
| | Girls | Boys | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Badminton | Dance | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Netball | Table Tennis | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| | Netball | Table Tennis | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Badminton | Dance | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Girls | Boys | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dance | Trampoline | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Table Tennis | Football | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Girls | Boys | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Table Tennis | Football | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dance | Trampoline | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Girls | Boys | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Rounders | Athletics | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Athletics | Kwik Cricket | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Girls | Boys | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Athletics | Athletics | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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Year 9

| | | | | all sporting activities. | sports such as rounders. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|--|---|--|--|--|-------------|--|-------|------|---------|-------------|-------|--------------|---|-------|------|-------------|---------------|-------------|-----------|---|-------|------|-------------|-----------|-------------|---------------|--|-------|------|-----------|------------|------------|--------------|--|-------|------|-----------|------------|------------|--------------|
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| Dance | Table Tennis | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Netball | Basket ball | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Girls | Boys | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| Volley ball | Foot ball | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| Girls | Boys | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Round ers | Athletic s | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Athletic s | Kwik Cricket | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| <u>Girls Autumn 1 and 2</u> | <u>Boys Autumn 1 and 2</u> | <u>Girls Autumn 1 and 2</u> | <u>Boys Spring 1 and 2</u> | <u>Girls Autumn 1 and 2</u> | <u>Boys Summer 1 and 2</u> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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