

WEEK 2
8th Dec.

Christmas Carol Service!

Welcome to Winchmore School's
*Christmas
Carol Service*

Wednesday 10 December
at 6.00-7.00pm

at Holy Trinity Church
The Broadway
Green Lanes
Winchmore Hill
N21 3RS



*Includes performances
by Winchmore Students
Refreshments afterwards!*

05.12.25



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@thisiswinchmore

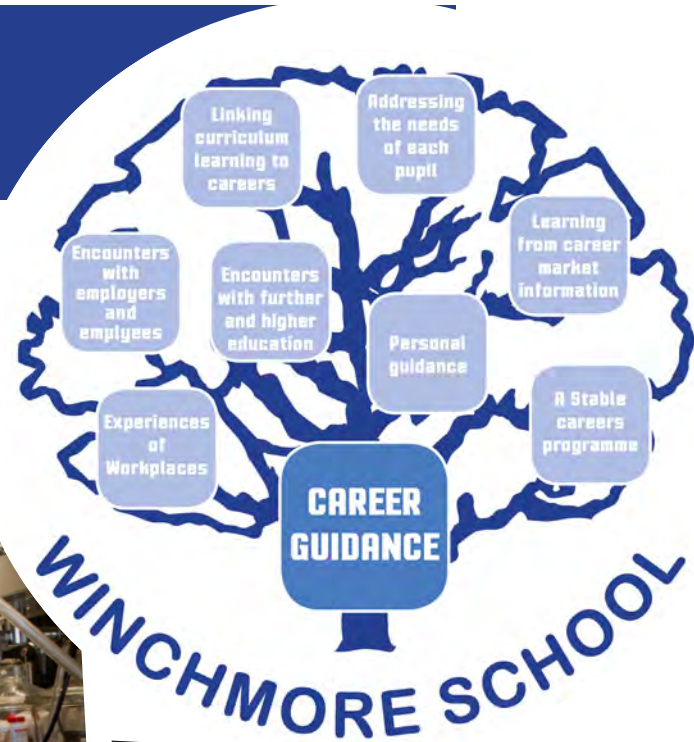
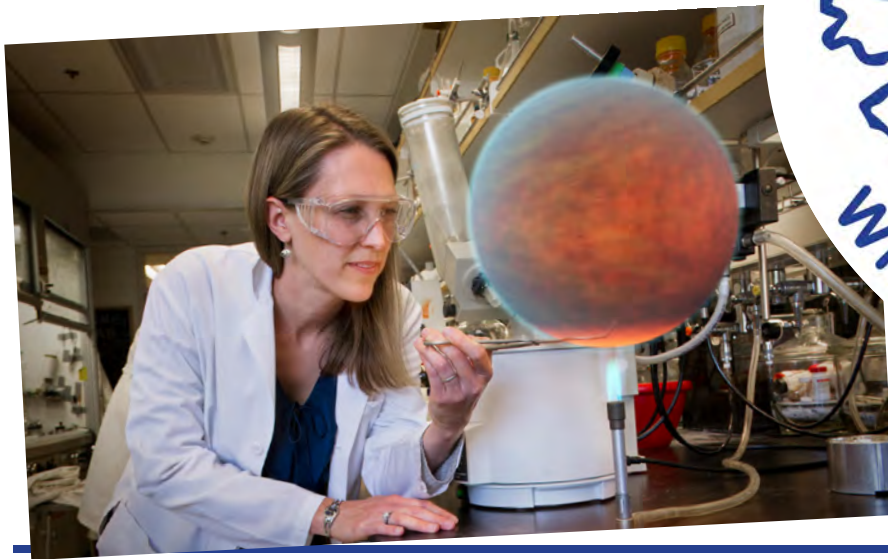


@winchmoreschool

CAREERS & LIBRARY SERVICES

Career of the Week!

PLANETARY SCIENTIST - [Click Here](#)



Available in the Library...

Hetty Feather's Christmas - Jacqueline Wilson

An unexpected gift leads to trouble for Hetty on Christmas Day at the Foundling Hospital, and the dreaded Matron Bottomly is delighted to have an excuse to exclude Hetty from the festive celebrations.

Poor Hetty is distraught – but just when it seems that all is lost, a dear friend arrives to whisk her away for a Christmas unlike any other ...



Book Fair - Thank You!

We have made nearly £600 from the Book Fair and managed to get a number of new books for our Library. Thank you all very much for your support.

Fireside Stories in the Library

LIVE PERFORMANCE FIRESIDE STORIES LUNCHTIME IN THE LIBRARY			
MONDAY 8th Dec	TUESDAY 9th Dec	WEDNESDAY 10th Dec	THURSDAY 11th Dec
13.20 Miss Winter - Surprise	13.20 Mrs Barnett - Noel Streatfeild Short Story	13.20 Mrs Goddard - The 'Fir' Tree	13.20 Mr Melling - Robert Frost Poems
13.40 Mrs Martinez - The Lantern of Little Hope	13.40 Anna Wood - Carol Ann Duffy	13.40 Surprise guest...	13.40 Ms De Souza - Twas the Night Before Christmas

British Army Careers Event

Event: British Army Insights – A Guide for Parents & Guardians

Date: Tuesday 20 January

Time: 18:00 – 19:00

Register Now: <https://britishar.my/GTQfID>



This online session is designed to give parents clarity and confidence about the opportunities the British Army offers young people.

Why it matters:

Recent research with over 600 parents and guardians revealed:

- Only 27% feel fully confident supporting their child through the application process.
- Nearly half (49%) want to attend an online session and receive resources about Army apprenticeships.

What parents will gain:

- A real look at life in today's Army, including roles, training, and qualifications.
- Inspiring stories from those with lived experience, plus practical advice and Q&A time.
- Insights into how the Army helps young people build confidence, resilience, and valuable life skills - all while earning and learning.



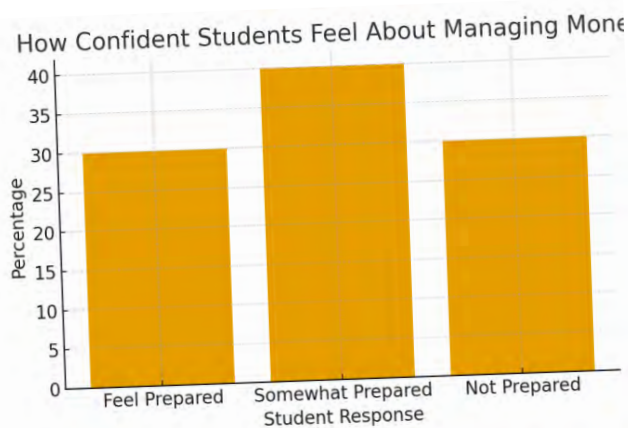
Winchmore Numeracy

Newsletter weekly

In the News: Why Financial Maths Matters for Students Today

Financial Maths has been in the news recently, with governments and education experts calling for stronger money-skills teaching in schools. Young people today face more financial decisions than ever—online spending, digital banking, rising prices and saving for future goals. Because of this, schools are being encouraged to help students build the confidence to understand value, budget wisely and make good choices.

Learning how money works doesn't just prepare students for adulthood—it helps them right now. Knowing how to compare prices, estimate costs and spot the best deals makes everyday life easier and safer. Financial Maths gives students the knowledge to be independent, informed and ready for the real world.



Number of the Week: 15

The number 15 represents how often we estimate without realising it—research suggests the average person makes over 15 quick estimations per day, from judging timings to comparing prices.

Students learned why strong estimation skills improve accuracy, confidence and efficiency in real-life situations.

Challenge of the Week

- 1 A family recipe serves 4 people. If you need to feed 6, how should each ingredient be scaled?
- 2 A bus journey takes 27 minutes. Estimate the arrival time if the bus leaves at 3:42pm.
- 3 A bottle costs £1.20 for 600ml. Estimate the cost per litre

Student Spotlight

This week's spotlight shines on: Year 9A – **Evan Rajaratnam**

Evan impressed his form teachers with his thoughtful approach this numeracy task

Fun Numeracy Challenge for Families

Real-Life Ratio Hunt

Choose any item at home—cereal box, juice bottle, recipe, map or manual. Can your family identify three examples of ratios or proportions in the packaging or instructions?

Quote of the Week

"Mathematics is the language with which God has written the universe."

— Galileo Galilei

Word of the Week (WOTW)

Budget

Definition: A plan showing how you will spend and save your money.

Why it matters: Helps you avoid overspending and track where money goes.

WINCHMORE WEEKLY

Monday
8th December

LUNCHTIME ACTIVITIES:

Library- FIRESIDE STORIES

Library - voting for Broomfield Park Project - all students welcome to vote

Careers Drop In Session

Wellbeing Hub - crochet, card games, colouring

AFTER SCHOOL ACTIVITIES:

Library - After school - 3pm to 4pm

Coding Club Room 3 - 3pm to 3:50pm- Miss Askin (*First come basis only 20 spaces*)

Boys Football - Years 11-13 Field - 3 to 4.15pm - Mr Pattrick

Badminton - Years 7-11 Sports Hall - 3 to 4.15pm - Mr Birchell

No Art Club this week

Yr 11 Boost classes - Maths and GCSE PE (3pm), Media Studies (3:30pm)

NCFE Business and Computing (3:45pm)

Yr7 & 8 Drama club - Drama 2 - 3:05 - 4:00pm - Ms Doherty

No Netball Club this week

TRIP: Year 8 Rewards trip to 'Cluequest Escape Rooms'

FOODBANK COLLECTION: (12NOON) NO FRESH FOOD

LUNCHTIME ACTIVITIES:

Library- FIRESIDE STORIES

Careers Drop In Session

Wellbeing Hub - crochet, card games, colouring

AFTER SCHOOL ACTIVITIES:

Library - After school - 3pm to 4pm - Book Fair

Duke of Edinburgh Award (Bronze and Silver) Support - Careers Office 3pm to 4pm

Fitness Club - Years 9-11 3 to 4pm - Fitness Suite - Mr Miller

School Run - Years 9-11 3 to 4pm - Field - Mr Pattrick

Football - Year 10 3 to 4:15 - Field - Mr Aourarh

Table Tennis - Years 7-11 3 to 4.15pm - Gym - Mr Atu

No Girls Football this week

Basketball - Years 10-13 3.15 to 4.30pm - Sports Hall - Mr Pohl

Yr 11 Boost classes - English (3pm), IMedia and Computing (3:45pm)

TRIPS: KS4 Textiles to the Barbican

Tuesday
9th December

Wednesday
10th December

LUNCHTIME ACTIVITIES:

Library- FIRESIDE STORIES

Poetry by Heart - 1:30-2pm - room 71 - Ms Wood

Yr 11 Boost classes - Health and Social Care

Wellbeing Hub - crochet, card games, colouring

AFTER SCHOOL ACTIVITIES:

Library - 3pm to 4pm Film - POLAR EXPRESS will be showing

Yr 11 Boost classes - Geography (3pm)

Boys Football - Years 10 - Field - 3 to 4.15pm - Mr Aourarh

TRIP: YR7 Rewards trip to Chickenshed

LUNCHTIME ACTIVITIES:

Library- FIRESIDE STORIES
Careers Drop In Session - including college application support
Year 9 Drama Booster session - 1.30pm in DRI with Mrs Goddard
Christmas Christian Club - room 23
Wellbeing Hub - crochet, card games, colouring

AFTER SCHOOL ACTIVITIES:

Library - 3pm to 4pm - Part two Film POLAR EXPRESS
Fitness Club - Years 9-11 3 to 4pm - Fitness Suite - Mr Miller
Girls Basketball - Years 10-13 3.15 to 4.15pm - Sports Hall
Football - year 9 3 to 4:30pm - Field - Mr Aourarh
Football - Year 8 3 to 4.15pm - Field - Mr Atu
Guitar Club and KS3 Band in MI - 3.15-4.15pm - Mr White
Yr 11 Boost classes - IMedia, GCSE PE, Science (3pm)
Zine Club - 3-4pm - room 71 - Ms Wood
No Volleyball Club this week

TRIPS: **KS5 Dance to see 'Red Shoes'**
Wellbeing Christmas lights



End of Autumn Term
 Students will be dismissed at 12.15pm



WINCHMORE'S
WOW!
WORD OF THE WEEK

AURA

Week beginning: 8th December



Word Class	Noun
Meaning	The distinctive atmosphere or quality that seems to surround and be generated by a person, thing, or place.
Examples	<ul style="list-style-type: none"> After scoring the winning point, the captain's aura was practically glowing with pride and pure adrenaline. The Art teacher had an effortless aura of creative freedom, evidenced by the paint smudges on their apron and the cheerful chaos of the studio. The global star's appearance was amplified by an untouchable aura of glamour and mystery, cultivated through social media presence and exclusive interviews.
Challenge	CBBC Christmas Quiz Top Class Christmas Quiz Wordle : https://www.nytimes.com/games/wordle/index.html Connections : https://www.nytimes.com/games/connections



Instagram icon @selahtherapyco

Globe icon www.Selahtherapy.co.uk



SELAH
THERAPY CO.

Exam Stress and Wellbeing

Teachers/Parent Resources

1) Recognising the signs:

Teachers/ Parents should look out for:

- **Physical:** fatigue, headaches, loss of appetite, frequent illness
- **Emotional:** irritability, tearfulness, low motivation, withdrawal
- **Behavioural:** avoiding schoolwork, lateness, decline in performance, isolation



2) What can you do?: Teachers/ Parents can:

- ■ Check in privately: "I've noticed you seem a bit off lately — how are you doing?"
- ■ Normalise stress: remind them exam stress is common and manageable.
- ■ Offer flexible support: extra time, quiet spaces, lighter workloads when appropriate.
- ■ Encourage breaks: short pauses between tasks or lessons.
- ■ Praise effort, not perfection: highlight progress over results.



3. Helpful Grounding Tools

If a student is anxious in class:

- **5-4-3-2-1 Grounding:** Name 5 things you see, 4 you feel, 3 you hear, 2 you smell, 1 you taste.
- **Deep breathing:** 4 seconds in, 4 hold, 6 out.
- **Quick movement:** stand up, stretch, or walk to refocus.

5. How to Respond in the Moment

- **DO:**
- Listen calmly and without judgment
- Thank them for sharing
- Offer reassurance ("You're not alone in this")
- Follow safeguarding policy
- **DON'T:**
- Promise confidentiality if there's a risk of harm
- Try to fix everything yourself
- Minimise ("Everyone gets stressed")



4. When to Refer or Seek Help

If a student:

- Talks about feeling hopeless or overwhelmed
- Mentions self-harm or suicidal thoughts
- Shows drastic changes in behaviour or attendance
- ■ Refer to:
- School counsellor or pastoral team
- Safeguarding lead
- External mental health services (e.g. CAMHS, GP, local wellbeing hubs)

Useful Resources

YoungMinds: youngminds.org.uk

Mind: mind.org.uk

Kooth: kooth.com

Samaritans (24/7): 116 123

Quick reminder:

"Small check-ins make a big difference. Sometimes, being a safe adult is all a young person needs to start healing."

NLSDA
NORTH LONDON
STREET DANCE ACADEMY

NEW
STREET DANCE
CLASS



STARTS 12TH JANUARY 2026

• WINCHMORE SCHOOL, 20 LABURNAM GROVE, N21 3HS

**WHY
JOIN?**

- HAVE FUN, BUILD CONFIDENCE & CREATIVITY
- LEARN PROFESSIONAL STREET DANCE ROUTINES
- TAUGHT BY EXPERIENCED NLSDA CHOREOGRAPHERS

ENJOY A FREE FIRST-SESSION TASTER IN WEEK 1

SCAN THE QR CODES BELOW TO SIGN UP!



5-6PM
YEARS 7/8/9



6-7PM
YEARS 10/11

For further information contact Nichola on 07516 560380
or Email info@northlondonstreetdance.co.uk

HAF Enfield Winter 2025

22nd, 23rd,
29th, 30th &
31st December

Ages
Reception
to Year 11

FREE* places available on Enfield's Holiday Activities and Food (HAF) programme this winter.

For more information visit www.enfield.gov.uk/HAF

*Free for those in receipt of benefits related free school meals

Arts & Crafts

Get Active

Free nutritious meals

Music

Day Trips

Plus much much more!

Funded by



Department for Education

www.enfield.gov.uk/HAF

ENFIELD
Council





Host Your Next Event at Winchmore School!

Did you know that our fantastic school facilities are available for hire to the local community? Whether you're a local sports team, a dance or drama club, an exercise class instructor, or just looking for a spacious venue for a community meeting or event, we have a diverse range of spaces to suit your needs.

Hiring our facilities not only gives you access to high-quality amenities but also directly supports our students by generating vital income for the school.

What's On Offer?

We are proud to offer a variety of spaces available outside of school hours, including evenings, weekends, and during school holidays. While specific facilities vary, typical spaces available for hire often include:

- **Sports Hall / Gymnasium:** Perfect for five-a-side football, basketball, badminton, or large exercise classes.
- **Dance / Drama Studios:** Equipped with sprung floors and mirrors, ideal for rehearsals or fitness sessions.
- **Assembly Hall:** A large space suitable for conferences, performances, training days, or large gatherings.
- **Classrooms:** Smaller, flexible spaces for tuition, meetings, or workshops.
- **Outdoor Pitches:** Grass pitches or all-weather surfaces for a variety of sports.

To see a complete list of our available spaces, check pricing, and view availability, please visit our dedicated lettings page: [Click Here](#)

Easy Booking with Our Lettings Agent

To ensure a smooth and professional booking process, we partner with an external agent, School Hire & Functions Ltd. who manages all facility lettings, bookings, and enquiries on our behalf. They are on hand to answer your questions and help you secure the perfect space.

To discuss your requirements or make a booking, please contact School Hire & Functions directly: Tel: **07855 042 027**

Email: school.hire@yahoo.co.uk

Web: www.school-hire.com

We look forward to welcoming you and your organisation to our school!

