



## London Lifesavers Schools Programme

Around 150 Year 8 students took part in the London Lifesavers Schools Programme, delivered by the London Ambulance Service. The programme equips students with the knowledge and confidence to respond effectively in the event of a cardiac arrest, teaching the simple, life-saving steps needed to act quickly and potentially save a life.

Each year, the London Ambulance Service responds to approximately 14,000 people across the capital who suffer a cardiac arrest. Cardiac arrest occurs when the heart suddenly stops beating, preventing blood and oxygen from circulating around the body. Currently, fewer than one in ten people survive an out-of-hospital cardiac arrest, with more than 75 percent of cases taking place at home.



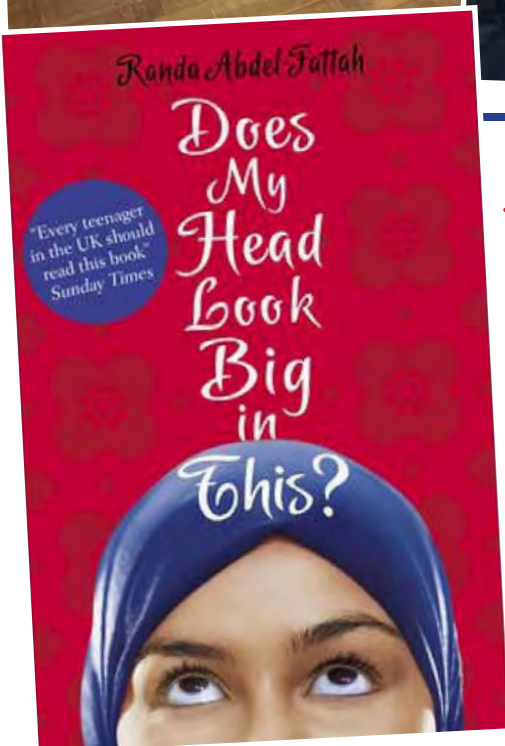
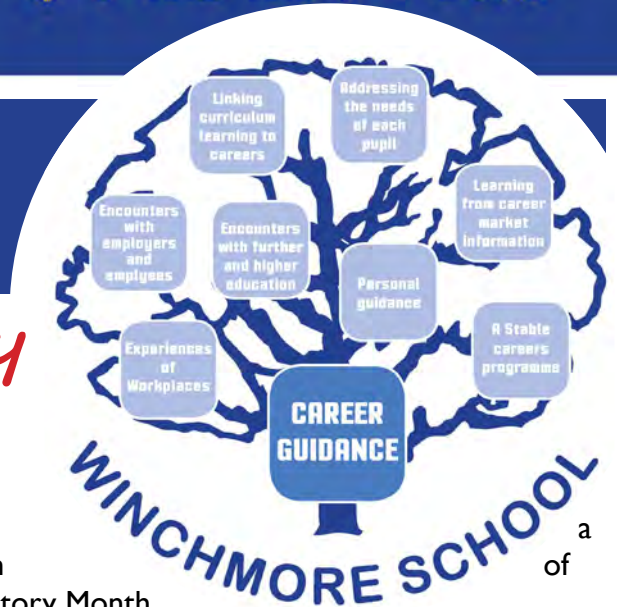
Early cardiopulmonary resuscitation (CPR) and prompt use of a defibrillator can more than double a person's chances of survival. Crucially, both interventions can be carried out by members of the public before emergency services arrive, making community training initiatives such as this programme vitally important.



## CAREERS & LIBRARY SERVICES

### Diversity in Industry

Whole year assemblies took place on the topic of diversity in industry and leadership. This was inspired by a set of portraits called 'Portraits of Power' celebrating the life and achievements of a number of black business leaders from across range of sectors. We are grateful to Grant Thornton for the loan these Portraits which were from an event they ran for Black History Month last year.



### Available in the Library...

**Does my head look big in this? - Randa Abdel-Fattah**

**School is tough enough without throwing a hijab into the mix...**

Amal is a 16-year-old Melbourne teen with all the usual obsessions about boys, chocolate and Cosmo magazine.

She's also a Muslim, struggling to honour the Islamic faith in a society that doesn't understand it.

The story of her decision to "shawl up" and its attendant anxieties (like how much eyeliner to wear) is funny, surprising and touching by turns.

Exploring issues of faith and identity with the lightest of touches, this is a joyful exploration of what it means to be a Muslim teenager.

## *From Winchmore School to the runways of the V&A!*

Our A-Level Textiles students had the incredible privilege of attending the 'Fashion in Motion' show by the one and only **Saul Nash**. As a former Winchmore student, Saul is living proof of where creativity and hard work can take you—from Central Saint Martins to winning the Queen Elizabeth II Award for British Design!

The show was a breathtaking mix of dance, live music, and technical fashion. Huge thanks to Saul for being so generous with his time and for the lovely words about his time at Winchmore School. In particular he spoke very highly of Mrs Martinez!

The future of British fashion is looking bright!





## Jack Petchey Awards Evening

On Tuesday 11th March, the 2025 winners (staff and students) of the Jack Petchey award were invited to the Millfield Theatre to receive their medallion as schools and youth clubs in Enfield came together to celebrate those who have made a difference in our community.

In my role as Rewards and Achievement Coordinator, I have been fortunate enough to attend these events and be consistently amazed by young people making a real impact in their communities. More than anything, I am incredibly proud of our Winchmore students when they collect their awards.

When I break the news to the students that they have won a Jack Petchey Award, they are usually shocked. While I share which teacher or subject nominated them, I never reveal the specific reason why they won. Instead, they have to wait until the ceremony to hear this read aloud, surrounded by peers who are also being recognised for their positive contributions to their schools and clubs.

Some reasons this year why students why:

*Helping members of the public with kindness and empathy*

*Representing the school in the Middlesex Cross Country tournament*

*Dedicating extra time to complete their Art work to an excellent standard*

*Helping with the Open Evening after only starting Winchmore School 3 weeks before!*

Our school is home to an incredible number of inspiring young people. Each month, our staff take on the rewarding task of nominating students for the Jack Petchey Award, highlighting those who go above and beyond for our school community.

What is also special about this foundation is its recognition of our staff through the Leader Award. Many staff members still at Winchmore have won this award and witnessed the profound impact the foundation has on our students. The Staff Leader Award now provides up to £1,000 to spend on student initiatives.

Our two winners for 2025 were **Mr. Greenacre**, our 'behind-the-scenes' hero who keeps the school running in ways many students might not realise, and Mr. Bulbul. Mr. Greenacre allocated his funds to support student residential trips this academic year, including the Duke of Edinburgh Award, the Year 10 Water Sports trip, and the Year 7 Dorset residential. **Mr. Bulbul**, who collected his award on Tuesday, was recognised for his tireless dedication as Head of Year 11. He has chosen to put his award money toward the Year 11 Prom.





If you know of any staff member/teacher that has made an impact on your child, please nominate here so we are able to get parents/carers involved in this nomination process: <https://forms.gle/7qkom5tIBEXQE8p79>

Sir Jack Petchey (1925–2024) was a businessman who, at the age of thirteen, was told he would never succeed in management. Refusing to give up, Sir Jack used his £60 life savings—which included his Navy gratuity pay—to purchase a secondhand car and launch a taxi business. Through hard work and innovative thinking, he proved them wrong and built a multi-million-pound empire. Sir Jack’s experiences led to his passion to increase young peoples’ aspirations by rewarding their achievements. His famous quote will live on and the motto of the foundation: “If you think you can, you can”

And this is what our 2025 winners do everyday in school and we are proud of their achievements. Congratulations to **Jibreel, Adam, Kain, Haleema, Neo, Roxie** and many more who couldn’t make the evening. I would like to thank Miss O for also coming and cheering as loud as possible for our Winchmore students!



## ONLINE HIGHER EDUCATION INFORMATION EVENING

### Tuesday 24th March 2026 5:30pm – 6:30pm

Join our **virtual** event to learn why university-level study could be the best option for you!

Scan to book or visit  
[hrc.ac.uk/events](https://hrc.ac.uk/events)

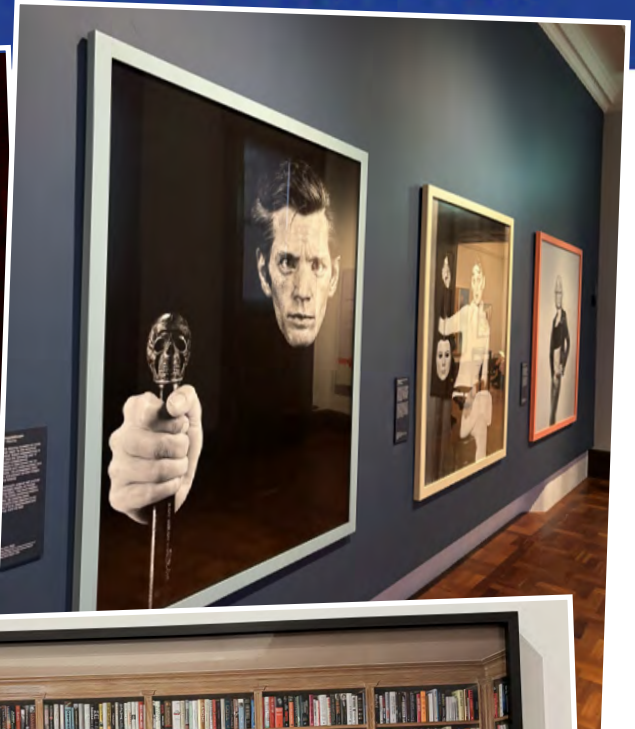
**hrc**  
HERTFORD  
REGIONAL  
COLLEGE

## Year 10 Photography Trip

On Thursday 5th of March we took our Year 10 Photography students to the National Portrait Gallery to explore portraiture through photography and learn about future skills and careers within the arts.

In the session we investigated a range of photographic portraits on display. Taking inspiration from different artists, the students were taught how to respond to photographic briefs and create their own portraits in the Law Photography studio.





## 6th Form Enrichment Overview Plan

### Week 1

	1	2	Reg	3	4	5
Monday			Psychology Society			EPQ/ Journalism
Tuesday			Law Society			
Wednesday			N/A			
Thursday			Politics Society			
Friday			Technology Society			

### Week 2

	1	2	Reg	3	4	5
Monday			Medical Society			EPQ/ Journalism
Tuesday			Apprenticeships Society (Ms Pearson)			
Wednesday			N/A			
Thursday			Engineering Society			
Friday			Economics Society			



Monday  
16th March

## LUNCHTIME ACTIVITIES:

Library

Yr 10 Boost classes - Digital Art

Careers Drop In Session

Wellbeing Hub - crochet, card games, colouring

## AFTER SCHOOL ACTIVITIES:

Library - After school - 3pm to 4pm

Coding Club Room 3 - 3pm to 3:50pm- Miss Askin (First come basis only 20 spaces)

Boys Football - Years 12-13 Field - 3 to 4.15pm - Mr Pattrick

Badminton - Years 7-11 Sports Hall - 3 to 4.15pm - Mr Birchell

Art club - 3:10pm to 4 pm in A4, Miss Leitch/Mr Newman

Yr 11 Boost classes - Maths & Dance 3pm

Yr 11 Boost classes - Media Studies and Computing 3.45pm

Yr7 & 8 Drama club - DR2 - 3:05 - 4:00pm - Ms Doherty

Year 10 Drama booster - DR1 3-4pm Mrs Kazim

Year 11 GCSE Media Studies Intervention- RM 89 3:30-4:15

Year 7 Netball Tournament

## LUNCHTIME ACTIVITIES:

Yr 11 Boost classes - Art and Digital Art

Yr 10 Boost classes - Digital Art

Library

Careers Drop In Session

Wellbeing Hub - crochet, card games, colouring

## AFTER SCHOOL ACTIVITIES:

Library - After school - 3pm to 4pm

Duke of Edinburgh Award (Bronze and Silver) Support

- Careers Office 3pm to 4pm

Fitness Club - Years 9-11 3 to 4pm - Fitness Suite - Mr Miller

School Run - Years 9-11 3 to 4pm - Field - Mr Pattrick

Football - Year 10 3 to 4:15 - Field - Mr Aourarh

Table Tennis - Years 7-11 3 to 4.15pm - Gym - Mr Atu

Girls Football Year 7&8 - 3-4PM with Miss Baptiste

Basketball - Years 10-13 3.15 to 4.30pm - Sports Hall - Mr Pohl

KS4/5 Dance DA1 Miss Smith 3:15pm-4:30pm

KS5 Media Intervention- RM 88 3:15-4:15

Yr 11 Boost classes - English 3pm

Yr 11 Boost classes - IMedia, Drama (S6), Computing and Music 3.45pm-4.30pm

DoE Bronze Expedition Online Meeting 6pm

Tuesday  
17th March

## LUNCHTIME ACTIVITIES:

Yr 11 Boost classes - Art and Digital Art

Poetry by Heart - 1:30-2 - room 71 - Ms Wood

Library

Wellbeing Hub - crochet, card games, colouring - BOOK CLUB

## AFTER SCHOOL ACTIVITIES:

Library - After school - 3pm to 4pm

Yr 11 Boost classes - Geography 3pm

Boys Football - Years 11 - Field - 3 to 4.15pm - Mr Aourarh

TRIP: Year 11 Geography field trip to WOTN

Wednesday  
18th March

**LUNCHTIME ACTIVITIES:**

**Careers Drop In Session** - including college application support  
**Library** - Silent Reading  
**Year 9 Drama Booster session** - 1.30pm in DRI with Mrs Goddard  
**Wellbeing Hub** - crochet, card games, colouring  
**Christian Club** - Room 23

**AFTER SCHOOL ACTIVITIES:**

**Library** - After school - 3pm to 4pm  
**Fitness Club** - Years 9-11 3 to 4pm - Fitness Suite - Mr Miller  
**Basketball** - Years 10-13 3.15 to 4.15pm - Sports Hall  
**Football- years 8 & 9** 3 to 4:30pm  
**Guitar Club and KS3 Band** in M1 - 3.15-4.15pm - Mr White  
**Zine Club** - 3-4pm - room 71 - Ms Wood  
**Spanish and German Club for Years 7&8** - Miss Schebella & Miss Garcia  
**Yr 11 Boost classes** - Science 3pm

**TRIP - Dance Festival**



**LUNCHTIME ACTIVITIES:**

**Library**  
**Wellbeing Hub** - crochet, card games, colouring

**AFTER SCHOOL ACTIVITIES:**

**Dance Club Year 7-9** - 3.15 to 4.15pm in DAI- Miss Smith  
**Winchmore Tabletop Society** Room 88 3pm to 4:30pm  
 - Miss Davis, Mr Pohl, Mr Menda, Miss Zamora and Mr Melling  
**Yr 11 Boost classes** - Yr 11 Boost classes - French, German, Spanish, GCSE PE, Geography and iMedia (3pm)  
**Yr 10 iMedia support** - 3pm

**WINCHMORE'S**  
**WOW!**  
**WORD OF THE WEEK**

## Altruism

Week beginning: 16th March



**Word Class** Noun

**Meaning** **Altruism** is the disinterested and selfless concern for the well-being of others. It involves acting to help someone else even if it provides no direct benefit to yourself—and sometimes even at a personal cost.

- Examples**
- The stranger's **altruism** was evident when she stayed behind for three hours to help a lost tourist find his hotel.
  - Inspired by the spirit of Ramadan, the youth group showed incredible **altruism** by organising a nightly food drive for the local homeless shelter.
  - The celebration of Eid is often defined by **altruism**, as families share their abundance with neighbors and donate to the less fortunate.

**Challenge** Wordle : <https://www.nytimes.com/games/wordle/index.html>  
 Connections : <https://www.nytimes.com/games/connections>

## Measles Outbreak in Enfield

Dear Parent/Guardian,

**Enfield is still experiencing an outbreak of measles.**

**This means that if your child is not fully vaccinated against measles with 2 doses of the measles, mumps and rubella (MMR) vaccine, then you are at risk of developing measles.**

This letter provides information about what you should do to protect your health and others around you.

### What should you do now?

- **Read the information about signs and symptoms of measles**

Measles is an infection that spreads very easily. It can occur suddenly, and people can become unwell quickly. Please visit NHS website to learn more about the symptoms of measles, how it spreads and about vaccination against measles [www.nhs.uk/conditions/measles](http://www.nhs.uk/conditions/measles)

Measles can make children and adults very unwell and is especially harmful for those who are unimmunised and are pregnant or have weakened immune systems.

- **Make sure you know whether you and your children have had MMR vaccination**  
(see below)

Contact your GP to review vaccination records and arrange vaccination.

- **If you/ your child have not (or are unsure) whether you've been vaccinated, book a vaccination through your GP or School Aged Vaccination Provider [Catch-up clinics | Enfield](#)**
- If you think your child may have measles please inform your child's nursery or school. You can speak to your GP or NHS 111 if you or your child becomes unwell with a high temperature with a cough, runny nose, sore red eyes or rash.

Please see further information on benefits of [MMR](#) Vaccination and measles in general [Measles | Health and Wellbeing](#)

Yours faithfully,

Dudu Sher Arami

Director of Public Health



Reception  
to Year 11

30th March  
- 10th April

# HAF Enfield Easter 2026

**FREE\*** places available on Enfield's Holiday Activities  
and Food (HAF) programme this Easter.

For more information visit

[www.enfield.gov.uk/haf](http://www.enfield.gov.uk/haf)

\*Free for those in receipt of benefits related free school meals

Funded by



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for Education

**NLSDA**  
NORTH LONDON  
STREET DANCE ACADEMY

**NEW**  
**STREET DANCE**  
**CLASS**



@ WINCHMORE SCHOOL, 20 LABURNAM GROVE, N21 3HS

**WHY JOIN?**

- HAVE FUN, BUILD CONFIDENCE & CREATIVITY
- LEARN PROFESSIONAL STREET DANCE ROUTINES
- TAUGHT BY EXPERIENCED NLSDA CHOREOGRAPHERS

ENJOY A FREE FIRST-SESSION TASTER IN WEEK 1

SCAN THE QR CODES BELOW TO SIGN UP!



**5-6PM**  
**YEARS 7/8/9**



**6-7PM**  
**YEARS 10/11**

For further information contact Nichola on 07516 560380  
or Email [info@northlondonstreetdance.co.uk](mailto:info@northlondonstreetdance.co.uk)



Family Based Solutions

*Moving Forward Together*

## Join Our Free Online Parent Support Group Once a week for 4 weeks



Introducing our virtual Parent Support Group

Facilitated by Family Based Solutions

Supporting families since 2012

Join us every week for a month to connect with other parents, share experiences, and gain valuable insights. This online group is designed to provide a safe space for parents to discuss challenges, seek advice, and build a supportive community.

Suitable for parents/carers/grandparents looking for ways to improve their current situation when faced with conflict and challenging behaviours.

Let's navigate the ups and downs of parenting together.

### **GROUP 2**

Thursday's

**1230pm-2pm**

19th March 2026  
26th March 2026  
16th April 2026  
23rd April 2026

### **GROUP 3**

Tuesday's

**1230pm-2pm**

28<sup>th</sup> April 2026  
5<sup>th</sup> May 2026  
12<sup>th</sup> May 2026  
19<sup>th</sup> May 2026

### **GROUP 4**

Thursday's

**630pm-8pm**

30<sup>th</sup> April 2026  
7<sup>th</sup> May 2026  
14<sup>th</sup> May 2026  
21<sup>st</sup> May 2026

**Switching groups is not permitted.**

**Due to sensitive discussions children should not be present during the weekly sessions.**

**Sign up confidentially for this 4-week journey:**

**CONTACT DETAILS [admin@familybasedsolutions.org.uk](mailto:admin@familybasedsolutions.org.uk)**

**Tel: 020 8363 6262**

[www.familybasedsolutions.org.uk](http://www.familybasedsolutions.org.uk)

[www.facebook.com/familybasedsolutions](https://www.facebook.com/familybasedsolutions)

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